

Saint Miriam

Human First Outreach Initiative

Shopping List

Our homeless outreach desperately needs supplies. Please help us to continue to help others by purchasing these needed items.

You can purchase and drop off items or purchase via Amazon.

Visit: www.humanfirstsaintmiriam.org

Our Nutrition Bags Checklist:

- Package of crackers (21 per pack)
- Granola Bar
- Napkin, fork, knife and spoon packets
- Small container apple-sauce or fruit mix
- Bumble bee Chicken Salad (small container)
- Individual container of pudding
- Small container of Vienna Sausages
- Single package of cheese and pretzels/crackers
- Cinnamon swirl cake (1 little servinIndividually wrapped
- cookie
- Packets of peanut butter
- Juice pack
- Water
- Toothbrushes
- Tooth Paste
- Soap (mini bars)
- Body lotion (small bottles)
- Personal Care /Sanitization Wipesg)

